



# VALUE ADDED COURSE BROCHURES 2019-2020



# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## VALUE ADDED COURSES 2019-2020

### BROCHURE & COURSE CONTENT

S.NO	COURSE CODE	DATE	NAME OF THE VALUE-ADDED COURSE
1.	VAC-001	28/02/2020 to 29/02/2020	FINANCIAL LITERACY
2.	VAC-002	17/01/2020 to 18/01/2020	PHYSICAL EXAMINATION
3.	VAC-003	20/09/2019 to 21/09/2019	EMOTIONAL INTELLIGENCE
4.	VAC-004	09/08/2019 to 10/08/2019	PEDIATRIC CARE
5.	VAC-005	12/07/2019 to 13/07/2019	PALLIATIVA CARE NURSING
6.	VAC-006	28/06/2019 to 29/06/2019	PATIENT SAFETY IN NURSING
7.	VAC-007	14/06/2019 to 15/06/2019	EMAIL ETIQUETTE TRAINING

Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002



### AIM OF THE COURSE

The course aims to empower nurses with essential financial literacy skills, enabling them to make informed decisions about their personal finances and understand the financial aspects of healthcare.

### COURSE OBJECTIVES

The students will be able to:

1. Equip nurses with knowledge of basic financial principles and terms.
2. Enhance understanding of personal budgeting and savings strategies.
3. Provide insights into managing student loans, mortgages, and other debts.

### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- ❖ Recognize the importance of financial literacy in both personal life and professional nursing practice.
- ❖ Create and maintain a personal budget tailored to individual needs and goals.
- ❖ Negotiate salary and benefits packages effectively by understanding the financial components.

**Target Group :** IV B.Sc (N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

### RESOURCE PERSONS:

Mr. P. Srinivasulu, MBA, NMCH.

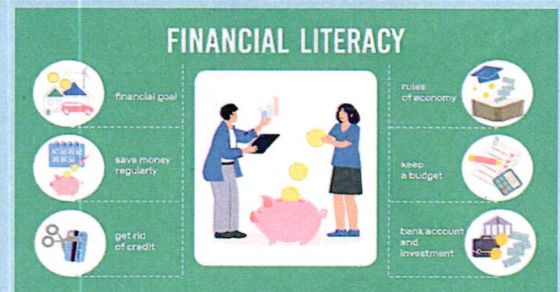
Ms. Singu Arundhathi, Asst. Professor, Dept. of MSN, SNNC.



## SREE NARAYANA NURSING COLLEGE

Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

### VALUE ADDED COURSE ON FINANCIAL LITERACY



**Date :** 21.02.2020 to 22.02.2020 || **Time :** 09:00 am to 06:00 pm

**Venue :** Auditorium, III Floor

**Sree Narayana Nursing College.**

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College.

Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

Principal  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002



### AIM OF THE COURSE

This course aims to strengthen the foundational skills in physical examination, empowering nurses to provide high-quality, patient-centred care. Let me know if you would like to adjust or add any components.

### COURSE OBJECTIVES

The students will be able to:

1. Equip nursing students and professionals with the knowledge and skills needed to perform comprehensive physical examinations across various patient populations.
2. Develop proficiency in using examination techniques, such as inspection, palpation, percussion, and auscultation, to assess the body's systems.
3. Enhance critical thinking and clinical reasoning skills in interpreting physical findings and integrating them into patient care.

### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- ❖ Develop hands-on skills in conducting comprehensive physical exams using correct techniques and protocols.
- ❖ Interpret physical findings, recognize abnormalities, and integrate them into patient care and clinical decision-making.
- ❖ Effectively document examination findings and communicate them clearly to other healthcare professionals, ensuring continuity of care.

**Target Group :** I B.Sc (N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

### RESOURCE PERSONS:

Dr. Dorasanamma, H.O.D of General Medicine, NMCH.

Mrs. N. Subhashini, Asst. Professor, Dept. of MSN, SNNC.



# SREE NARAYANA NURSING COLLEGE



Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON PHYSICAL EXAMINATION



Date : 17.01.2020 to 18.01.2020 || Time : 09:00 am to 06:00 pm

Venue : Auditorium, III Floor

Sree Narayana Nursing College.

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,  
Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

**Principal**  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002



### AIM OF THE COURSE

The aim of emotional intelligence (EI) is to enhance an individual's ability to recognize, understand, manage, and effectively use their own emotions and the emotions of others in a constructive and empathetic way

### COURSE OBJECTIVES

The students will be able to:

1. Understand the principles and components of emotional intelligence and their impact on personal and professional effectiveness.
2. Develop self-awareness skills to recognize and manage personal emotions, strengths, and areas for improvement.
3. Enhance skills in self-regulation to manage stress, maintain emotional control, and adapt to change.

### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- ❖ Recognize their emotional patterns, understand their impact on behaviour, and identify areas for personal growth.
- ❖ Manage emotions effectively, maintain calm under pressure, and adapt to changing circumstances with resilience.
- ❖ Cultivate empathy, enhance listening skills, and improve the ability to connect with others on a deeper emotional level.

**Target Group :** II B.Sc & I PB.B.Sc.(N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

### RESOURCE PERSONS:

Dr. V.V. Seshamma, Dept. of Psychiatry, NMCH.

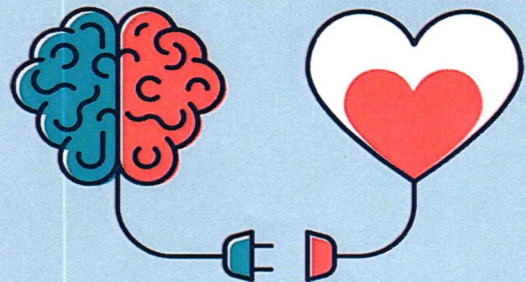
Mrs. S. Shabana, Dept. of MHN, SNNC.



**SREE NARAYANA NURSING COLLEGE**

Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON EMOTIONAL INTELLIGENCE



**Date :** 23.08.2019 to 24.08.2019 || **Time :** 09:00 am to 06:00 pm

**Venue :** Auditorium, III Floor  
Sree Narayana Nursing College.

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,  
Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

**Principal**  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002



### AIM OF THE COURSE

The aim of paediatric care is to provide comprehensive, compassionate, and developmentally appropriate healthcare to children from infancy through adolescence, focusing on promoting their physical, emotional, and social well-being.

### COURSE OBJECTIVES

The students will be able to:

1. Understand the principles of paediatric care, including growth and development, and the unique needs of children across different age groups.
2. Develop skills in assessing, planning, and implementing care for paediatric patients with various medical, surgical, and chronic conditions.
3. Enhance communication skills to effectively engage with children and their families, ensuring family-centred care.

### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- ❖ Demonstrate a clear understanding of paediatric nursing concepts, including developmental milestones and age-specific care needs.
- ❖ Perform comprehensive physical and developmental assessments tailored to children's unique physiological and psychological needs.
- ❖ Communicate effectively with children and their families, adapting techniques to suit the developmental stage and individual needs of the child.

**Target Group :** III B.Sc & II PB.B.Sc.(N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

### RESOURCE PERSONS:

Dr. Gokul, Professor, H.O.D of Pediatrics, NMCH.

Mrs. P. Savithri, Professor, Dept. of CHN, SNNC.



# SREE NARAYANA NURSING COLLEGE



Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON PEDIATRIC CARE



**Date :** 09.08.2019 to 10.08.2019 || **Time :** 09:00 am to 06:00 pm

**Venue :** Auditorium, III Floor

**Sree Narayana Nursing College.**

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,

Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

Principal

**SREE NARAYANA NURSING COLLEGE**

Chinthareddypalem,

NELLORE-524 002



#### AIM OF THE COURSE

This course will focus on enhancing the quality of life for patients and their families through holistic and patient-centred approaches.

#### COURSE OBJECTIVES

The students will be able to:

1. To understand the principles and philosophy of palliative care and its importance in nursing.
2. To develop skills in pain and symptom management for patients with life-limiting illnesses.
3. To improve communication skills for effective interactions with patients, families, and the healthcare team.

#### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- Confidently apply patient safety measures in clinical settings.
- Recognize and mitigate risks to enhance patient care outcomes.
- Work collaboratively within multidisciplinary teams to uphold safety standards.

**Target Group :** III B.Sc.(N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

#### RESOURCE PERSONS:

Dr. Dorsanamma, Professor, Dept. of General Medicine, (NMCH)

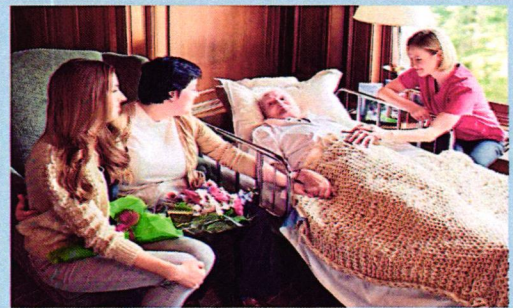
Mrs. B. Kalavathi, Asst. Professor, Dept. of MHN, SNNC.



# SREE NARAYANA NURSING COLLEGE

Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON PALLIATIVE CARE NURSING



Date : 12.07.2019 to 13.07.2019 || Time : 09:00 am to 06:00 pm  
Venue : Auditorium, III Floor  
Sree Narayana Nursing College.

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,  
Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

  
**Principal**  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002



### AIM OF THE COURSE

This course can be tailored to both nursing students and practicing nurses, equipping them with up-to-date practices and tools in patient safety.

### COURSE OBJECTIVES

The students will be able to:

1. Understand the principles of patient safety and the role of nurses in maintaining safe care environments.
2. Develop competencies in identifying, managing, and preventing common patient safety issues.
3. Implement evidence-based practices to reduce errors, enhance communication, and improve overall patient outcomes.

### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- Confidently apply patient safety measures in clinical settings.
- Recognize and mitigate risks to enhance patient care outcomes.
- Work collaboratively within multidisciplinary teams to uphold safety standards.

**Target Group :** I B.Sc.(N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

### RESOURCE PERSONS:

Mrs. T. Suseela, Nursing Superintendent, (NMCH).

Mrs. E. Sarumathi, Vice - Principal, SNNC.



**SREE NARAYANA NURSING COLLEGE**



Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON PATIENT SAFETY IN NURSING



**Date :** 28.06.2019 to 29.06.2019 || **Time :** 09:00 am to 06:00 pm

**Venue :** Auditorium, III Floor  
Sree Narayana Nursing College.

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,  
Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

**Principal**  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002



#### AIM OF THE COURSE

This course can be tailored to both nursing students and practicing nurses, equipping them with up-to-date practices and tools in patient safety.

#### COURSE OBJECTIVES

The students will be able to:

1. Understand the principles of patient safety and the role of nurses in maintaining safe care environments.
2. Develop competencies in identifying, managing, & preventing common patient safety issues.
3. Implement evidence-based practices to reduce errors, enhance communication, and improve overall patient outcomes.

#### COURSE OUTCOMES:

By the End of the Course, Participants Will be able to:

- Confidently apply patient safety measures in clinical settings.
- Recognize and mitigate risks to enhance patient care outcomes.
- Work collaboratively within multidisciplinary teams to uphold safety standards.

**Target Group :** II B.Sc.(N)

**Total allotted Hours:** 16

**Mode of presentation:** Lecture cum discussion

**Evaluation Method:** Multiple choice questions (MCQ).

**Grade Score :**

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

**CERTIFICATION:** All participants will get certificate of participation after successful completion of the course.

#### RESOURCE PERSONS:

Dr. P. Nagendra Babu, Professor, S.V.Engineering College, Nellore.

Dr. Ramesh. S, Professor (Dept. of MSN), SNNC.



**SREE NARAYANA NURSING COLLEGE**



Stonehousepet,  
Chinthareddypalem, Nellore - 524 002,  
Andhra Pradesh, India.

## VALUE ADDED COURSE ON Email Etiquette Training



**Date :** 14.06.2019 to 15.06.2019 || **Time :** 09:00 am to 06:00 pm

**Venue :** Auditorium, III Floor  
Sree Narayana Nursing College.

**COURSE COORDINATOR:** Ms. J. SUPRIYA, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,  
Stonehousepet, Chinthareddypalem, Nellore.

**SREE NARAYANA NURSING COLLEGE**, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

Principal  
**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.

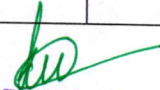


## VALUE ADDED COURSE

### COURSE CONTENT: FINANCIAL LITERACY FOR NURSES

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	2 hours	<b><u>INTRODUCTION TO FINANCIAL LITERACY</u></b> <ul style="list-style-type: none"><li>• Importance of financial literacy for nurses.</li><li>• Overview of personal and professional financial management.</li></ul>	Interactive Lectures
2.	2 hours	<b><u>PERSONAL BUDGETING AND MONEY MANAGEMENT</u></b> <ul style="list-style-type: none"><li>• Creating and maintaining a personal budget.</li><li>• Expense tracking and saving strategies.</li><li>• Emergency funds and financial planning.</li></ul>	Group Discussions
3.	2 hours	<b><u>UNDERSTANDING DEBTS AND LOANS</u></b> <ul style="list-style-type: none"><li>• Managing student loans, credit card debts, and mortgages.</li><li>• Strategies to reduce and consolidate debt.</li></ul>	Lecture Method
4.	2 hours	<b><u>INVESTING BASICS FOR NURSES</u></b> <ul style="list-style-type: none"><li>• Understanding stocks, bonds, and mutual funds.</li><li>• Introduction to retirement accounts (401(k), IRA).</li><li>• Risk assessment and investment strategies.</li></ul>	Group Discussions
5.	2 hours	<b><u>RETIREMENT PLANNING</u></b> <ul style="list-style-type: none"><li>• Importance of early retirement planning.</li><li>• Pension plans, social security, and healthcare costs in retirement.</li></ul>	Interactive Learning



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem, 1,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepef (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



6.	2 hours	<b><u>NAVIGATING HEALTHCARE COSTS</u></b> <ul style="list-style-type: none"><li>• Understanding healthcare billing and insurance.</li><li>• Financial implications of patient care decisions.</li></ul>	Group Discussions  Interactive Learning
7.	2 hours	<b><u>FINANCIAL DECISION-MAKING IN NURSING PRACTICE</u></b> <ul style="list-style-type: none"><li>• Impact of financial literacy on patient care and professional responsibilities.</li></ul> Ethical considerations in financial decision-making.	
8.	2 hours	<b><u>LEGAL AND ETHICAL FINANCIAL ISSUES</u></b> <ul style="list-style-type: none"><li>• Understanding contracts, salary negotiations, and benefits packages.</li><li>• Protecting against financial fraud and scams.</li></ul>	Group Discussion



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snn@narayanannursingcollege.com

Website: https://sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## VALUE ADDED COURSE

### COURSE CONTENT: PHYSICAL EXAMINATION IN NURSING

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 hour	<p><b><u>INTRODUCTION TO PHYSICAL EXAMINATION</u></b></p> <ul style="list-style-type: none"> <li>• Importance of Physical Examination in Nursing Practice</li> <li>• Components of a Comprehensive Physical Examination</li> <li>• Infection Control Measures and Patient Safety During Examinations</li> <li>• Professionalism and Communication: Establishing Rapport with Patients</li> </ul>	Interactive Learning
2.	1 hour	<p><b><u>GENERAL SURVEY AND VITAL SIGNS</u></b></p> <ul style="list-style-type: none"> <li>• Conducting a General Survey: Appearance, Behavior, and Mobility</li> <li>• Measurement and Interpretation of Vital Signs: Temperature, Pulse, Respiration, and Blood Pressure</li> <li>• Pain Assessment and Documentation</li> <li>• Recognizing Abnormal Vital Signs and Immediate Interventions</li> </ul>	Discussion
3.	2 hours	<p><b><u>ASSESSMENT TECHNIQUES: INSPECTION, PALPATION, PERCUSSION, AND AUSCULTATION</u></b></p>	Demonstrations



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NE





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: https://sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

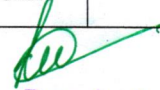
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<ul style="list-style-type: none"> <li>• Overview of Assessment Techniques and Their Applications</li> <li>• Techniques for Effective Inspection: Visual Assessment Skills</li> <li>• Palpation: Identifying Masses, Tenderness, and Abnormalities</li> <li>• Percussion: Assessing Organ Size, Density, and Presence of Fluids</li> <li>• Auscultation: Using a Stethoscope to Listen to Heart, Lung, and Bowel Sounds</li> </ul>	
4.	2 hours	<p><b><u>HEAD-TO-TOE PHYSICAL EXAMINATION</u></b></p> <ul style="list-style-type: none"> <li>• Systematic Approach to Performing a Head-to-Toe Examination</li> <li>• Assessment of the Skin, Hair, and Nails: Identifying Common Conditions</li> <li>• Examination of the Head, Eyes, Ears, Nose, and Throat (HEENT)</li> <li>• Neck Examination: Thyroid, Lymph Nodes, and Carotid Pulses</li> </ul>	Hands-on Practice
5.	2 hours	<p><b><u>CARDIOVASCULAR AND RESPIRATORY ASSESSMENT</u></b></p> <ul style="list-style-type: none"> <li>• Cardiovascular System: Inspection, Palpation, Auscultation of Heart Sounds, and Peripheral Pulses</li> <li>• Identifying Heart Murmurs, Rhythm</li> </ul>	Hands-on Practice



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: https://sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<p>Abnormalities, and Vascular Issues</p> <ul style="list-style-type: none"> <li>Respiratory System: Inspection, Palpation, Percussion, and Auscultation of Lung Fields</li> <li>Recognizing Respiratory Abnormalities: Wheezes, Crackles, and Diminished Breath Sounds</li> </ul>	
6.	1 hour	<p><b><u>ABDOMINAL AND GASTROINTESTINAL EXAMINATION</u></b></p> <ul style="list-style-type: none"> <li>Techniques for Abdominal Inspection, Auscultation, Percussion, and Palpation</li> <li>Identifying Abnormalities: Distension, Masses, Tenderness, and Bowel Sounds</li> <li>Assessment of Liver, Spleen, and Kidneys</li> <li>Recognizing Acute Abdominal Conditions: Appendicitis, Cholecystitis, and Bowel Obstruction</li> </ul>	<p>Hands-on Practice</p> <p>Hands-on Practice</p>
7.	1 hour	<p><b><u>NEUROLOGICAL AND MUSCULOSKELETAL ASSESSMENT</u></b></p> <ul style="list-style-type: none"> <li>Neurological Examination: Mental Status, Cranial Nerves, Motor and Sensory Function, Reflexes</li> <li>Assessing Gait, Coordination, and Balance</li> <li>Musculoskeletal System: Inspection</li> </ul>	Hands on Pracice



*[Signature]*  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

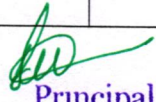
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		and Palpation of Joints, Range of Motion, Strength Testing <ul style="list-style-type: none"><li>Identifying Common Musculoskeletal Disorders: Arthritis, Fractures, and Soft Tissue Injuries</li></ul>	
8.	2 hours	<b><u>GENITOURINARY AND REPRODUCTIVE SYSTEM ASSESSMENT</u></b> <ul style="list-style-type: none"><li>Assessment of the Genitourinary System: Kidneys, Bladder, and External Genitalia</li><li>Examination of the Male and Female Reproductive Systems</li><li>Identifying Common Genitourinary Conditions: Infections, Masses, and Anatomical Abnormalities</li><li>Sensitive Examination Techniques and Patient Privacy</li></ul>	Hands-on Practice
9.	2 hours	<b><u>PEDIATRIC, GERIATRIC, AND SPECIAL POPULATION ASSESSMENTS</u></b> <ul style="list-style-type: none"><li>Modifications for Pediatric Physical Examination: Age-Appropriate Techniques</li><li>Geriatric Assessment: Adjusting Techniques for Older Adults and Recognizing Common Age-Related Changes</li><li>Special Considerations for Pregnant Patients, Disabled Patients, and</li></ul>	Interactive Lectures



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		Patients with Chronic Conditions	
10.	1 hour	<p><b><u>DOCUMENTATION, REPORTING, AND CLINICAL REASONING</u></b></p> <ul style="list-style-type: none"><li>• Accurate Documentation of Physical Examination Findings</li><li>• Effective Communication of Assessment Results to the Healthcare Team</li><li>• Clinical Reasoning and Decision-Making Based on Examination Findings</li><li>• Integration of Physical Assessment into Patient Care Planning</li></ul>	Group Discussion



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.

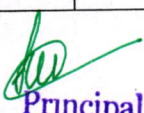


## VALUE ADDED COURSE

### COURSE CONTENT: EMOTIONAL INTELLIGENCE

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 hour	<p><b><u>INTRODUCTION TO EMOTIONAL INTELLIGENCE (EI)</u></b></p> <ul style="list-style-type: none"><li>• Definition and History of Emotional Intelligence</li><li>• Components of EI: Self-Awareness, Self-Regulation, Motivation, Empathy, and Social Skills</li><li>• The Role of EI in Personal and Professional Success</li><li>• Assessing Your Emotional Intelligence: Self-Evaluation and Reflection</li></ul>	Interactive Learning
2.	2hours	<p><b><u>DEVELOPING SELF-AWARENESS</u></b></p> <ul style="list-style-type: none"><li>• Understanding Emotions: Recognizing and Naming Your Emotions</li><li>• Identifying Personal Strengths, Weaknesses, and Triggers</li><li>• The Impact of Self-Awareness on Decision-Making and Behavior</li><li>• Techniques for Enhancing Self-Awareness: Journaling, Mindfulness, and Feedback</li></ul>	Peer Learning



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

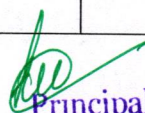
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



3.	2 hours	<p><b><u>MASTERING SELF-REGULATION</u></b></p> <ul style="list-style-type: none"><li>• Managing Emotions: Techniques for Emotional Control and Resilience</li><li>• Coping with Stress, Anxiety, and Negative Emotions</li><li>• The Importance of Adaptability and Flexibility in Changing Situations</li><li>• Building Emotional Discipline: Strategies for Responding Rather than Reacting</li></ul>	Interactive Learning
4.	2 hours	<p><b><u>CULTIVATING INTRINSIC MOTIVATION</u></b></p> <ul style="list-style-type: none"><li>• Understanding the Role of Motivation in Emotional Intelligence</li><li>• Setting Personal and Professional Goals Aligned with Values</li><li>• Overcoming Procrastination and Maintaining Focus</li><li>• Techniques for Self-Motivation and Enhancing Drive</li></ul>	Lecture Method
5.	1 hour	<p><b><u>ENHANCING EMPATHY AND SOCIAL AWARENESS</u></b></p> <ul style="list-style-type: none"><li>• Understanding Empathy: The Foundation of Strong Interpersonal Relationships</li><li>• Active Listening and Perspective-Taking Skills</li></ul>	Peer Learning



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: https://sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<ul style="list-style-type: none"> <li>Recognizing and Respecting Emotions in Others</li> <li>The Role of Empathy in Conflict Resolution and Teamwork</li> </ul>	
6.	2 hours	<p><b><u>BUILDING SOCIAL SKILLS AND EFFECTIVE COMMUNICATION</u></b></p> <ul style="list-style-type: none"> <li>The Art of Communication: Verbal and Non-Verbal Cues</li> <li>Building Rapport and Trust in Professional Relationships</li> <li>Navigating Difficult Conversations with Confidence and Sensitivity</li> <li>Strategies for Influencing and Inspiring Others</li> </ul>	Group Discussion
7.	2 hours	<p><b><u>APPLYING EI IN LEADERSHIP AND TEAMWORK</u></b></p> <ul style="list-style-type: none"> <li>Emotional Intelligence in Leadership: Leading with Empathy and Emotional Awareness</li> <li>Building High-Performing Teams through Emotional Intelligence</li> <li>Enhancing Collaboration and Managing Group Dynamics</li> <li>Conflict Management and Negotiation Skills Using EI</li> </ul>	Practical sessions
8.	2 hours	<p><b><u>EMOTIONAL INTELLIGENCE IN DECISION-MAKING</u></b></p> <ul style="list-style-type: none"> <li>The Impact of Emotions on Decision-</li> </ul>	Peer Learning



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

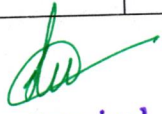
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<p>Making Processes</p> <ul style="list-style-type: none"><li>• Balancing Logic and Emotion in Problem Solving</li><li>• Techniques for Managing Decision Fatigue and Stress</li><li>• Making Ethical Decisions through an Emotionally Intelligent Lens</li></ul>	
9.	1 hour	<p><b><u>DEVELOPING A PERSONAL EMOTIONAL INTELLIGENCE ACTION PLAN</u></b></p> <ul style="list-style-type: none"><li>• Creating a Personalized EI Development Plan</li><li>• Setting SMART Goals for Continuous EI Improvement</li><li>• Identifying Resources and Strategies for Ongoing Growth</li><li>• Measuring Progress and Reflecting on EI Development</li></ul>	Group Discussion
10.	1 hour	<p><b><u>CAPSTONE PROJECT AND COURSE EVALUATION</u></b></p> <ul style="list-style-type: none"><li>• Practical Application: Real-World Scenarios, Role-Playing, and Simulations</li><li>• Group Discussions and Peer Feedback Sessions</li><li>• Final Reflection on EI Growth and Key Takeaways</li><li>• Course Evaluation and Certificate of Completion</li></ul>	Interactive Lectures



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## VALUE ADDED COURSE

### COURSE CONTENT: PEDIATRIC CARE NURSING

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 hour	<b><u>INTRODUCTION TO PEDIATRIC NURSING</u></b> <ul style="list-style-type: none"><li>• Overview of Pediatric Nursing: Scope and Importance</li><li>• The Role of the Pediatric Nurse: Skills, Responsibilities, and Ethical Considerations</li><li>• Family-Centered Care and Its Importance in Pediatrics</li></ul>	Lecture method
2.	2hours	<b><u>GROWTH AND DEVELOPMENT OF CHILDREN</u></b> <ul style="list-style-type: none"><li>• Normal Growth and Developmental Milestones: Infancy through Adolescence</li><li>• Developmental Theories (Piaget, Erikson) and Their Application in Pediatric Nursing</li><li>• Assessing Developmental Delays and Implementing Early Interventions</li></ul>	Demonstration
3.	2 hours	<b><u>PEDIATRIC ASSESSMENT AND VITAL SIGNS</u></b> <ul style="list-style-type: none"><li>• Comprehensive Physical Assessment</li></ul>	Demonstration



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<p>Techniques for Infants, Children, and Adolescents</p> <ul style="list-style-type: none"> <li>Understanding Pediatric Vital Signs: Age-Specific Norms and Abnormal Findings</li> <li>Assessment Tools and Techniques for Pain, Nutrition, and Developmental Status</li> </ul>	
4.	2 hours	<p><b><u>COMMON PEDIATRIC CONDITIONS AND MANAGEMENT</u></b></p> <ul style="list-style-type: none"> <li>Acute and Chronic Conditions in Pediatrics: Asthma, Diabetes, Congenital Heart Disease, and more</li> <li>Managing Pediatric Emergencies: Febrile Seizures, Respiratory Distress, Dehydration</li> <li>Pediatric Surgical Care: Preoperative and Postoperative Nursing Considerations</li> </ul>	Group Discussion
5.	2 hours	<p><b><u>MEDICATION SAFETY AND ADMINISTRATION IN PEDIATRICS</u></b></p> <ul style="list-style-type: none"> <li>Principles of Pediatric Pharmacology: Dosing Calculations and Age-Appropriate Considerations</li> <li>Preventing Medication Errors in Children: Best Practices and Safety Protocols</li> <li>Administering Medications: Oral,</li> </ul>	Peer Learning



*[Signature]*  
Principal

**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

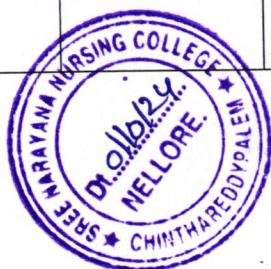
Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

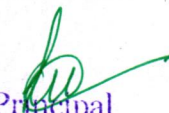
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		Topical, Inhalation, and Injectable Routes	
6.	1hour	<u>IMMUNIZATION AND PREVENTIVE CARE</u> <ul style="list-style-type: none"> <li>Understanding the Pediatric Immunization Schedule and Catch-Up Guidelines</li> <li>Role of Nurses in Vaccine Administration and Education</li> <li>Preventive Health: Nutrition, Oral Health, and Routine Screenings</li> </ul>	Stimulation Lab
7.	2 hours	<u>COMMUNICATING WITH CHILDREN AND FAMILIES</u> <ul style="list-style-type: none"> <li>Age-Appropriate Communication Techniques with Children</li> <li>Engaging Families in Care: Educating Parents and Caregivers</li> <li>Managing Difficult Conversations: Delivering Bad News, Chronic Illness Discussions</li> </ul>	Discussion
8.	2 hours	<u>PEDIATRIC PAIN MANAGEMENT</u> <ul style="list-style-type: none"> <li>Assessment and Management of Pain in Infants, Children, and Adolescents</li> <li>Non-Pharmacological Pain Relief Techniques: Distraction, Comfort Positioning, Play Therapy</li> <li>Pharmacologic Interventions and Safety in Pediatric Pain Management</li> </ul>	Lecture Method



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006


A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



9.	2 hours	<b><u>PSYCHOSOCIAL AND MENTAL HEALTH IN PEDIATRICS</u></b> <ul style="list-style-type: none"><li>Identifying Common Pediatric Mental Health Issues: Anxiety, Depression, ADHD</li><li>Supporting Children's Emotional and Psychological Well-Being</li><li>Addressing Bullying, Abuse, and Neglect: Roles and Responsibilities of the Nurse</li></ul>	
10.	1 hour	<b><u>PEDIATRIC NUTRITION AND FEEDING</u></b> <ul style="list-style-type: none"><li>Nutritional Needs Across Pediatric Age Groups: Infants to Adolescents</li><li>Managing Feeding Challenges: Breastfeeding, Bottle Feeding, and Special Diets</li><li>Addressing Pediatric Obesity and Eating Disorders</li></ul>	Demonstration



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## VALUE ADDED COURSE PALLIATIVE CARE NURSING COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 hour	<b><u>INTRODUCTION TO PALLIATIVE CARE</u></b> <ul style="list-style-type: none"><li>• Definition and Philosophy of Palliative Care</li><li>• History and Evolution of Palliative Care Nursing</li><li>• The Role of Nurses in Palliative Care: Scope and Responsibilities</li><li>• Differences Between Palliative Care, Hospice, and End-of-Life Care</li></ul>	Interactive Lectures
2.	2hours	<b><u>HOLISTIC ASSESSMENT IN PALLIATIVE CARE</u></b> <ul style="list-style-type: none"><li>• Comprehensive Patient Assessment: Physical, Psychological, Social, and Spiritual Domains</li><li>• Pain Assessment Tools and Techniques</li><li>• Identifying Patient and Family Needs and Goals of Care</li><li>• Cultural Sensitivity in Assessment Practices</li></ul>	Group Discussions



  
Principal

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



3.	2 hours	<b><u>PAIN AND SYMPTOM MANAGEMENT</u></b> <ul style="list-style-type: none"><li>Principles of Pain Management in Palliative Care</li><li>Pharmacologic and Non-Pharmacologic Approaches to Pain Relief</li><li>Managing Common Symptoms: Dyspnea, Nausea, Fatigue, Anxiety, and Depression</li><li>Addressing Complex Symptom Management Scenarios</li></ul>	Peer Learning
4.	1hour	<b><u>COMMUNICATION IN PALLIATIVE CARE</u></b> <ul style="list-style-type: none"><li>Principles of Effective Communication with Patients and Families</li><li>Breaking Bad News: Techniques and Best Practices</li><li>Advanced Care Planning and Goals of Care Discussions</li><li>Supporting Families During Decision-Making Processes</li></ul>	Group Discussions
5.	2 hours	<b><u>ETHICAL AND LEGAL ASPECTS OF PALLIATIVE CARE</u></b> <ul style="list-style-type: none"><li>Ethical Principles in Palliative Care (Autonomy, Beneficence, Non-Maleficence, Justice)</li><li>Addressing Ethical Dilemmas:</li></ul>	Peer Learning



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<p>Withdrawal of Treatment, DNR Orders, and Patient Autonomy</p> <ul style="list-style-type: none"><li>• Legal Considerations: Advance Directives, Power of Attorney, and Consent</li><li>• Professional Boundaries and Self-Care for Nurses</li></ul>	
6.	1hour	<p><b><u>SPIRITUAL AND PSYCHOSOCIAL SUPPORT</u></b></p> <ul style="list-style-type: none"><li>• Understanding the Role of Spirituality in Palliative Care</li><li>• Providing Emotional and Psychosocial Support to Patients and Families</li><li>• Strategies for Managing Grief, Loss, and Bereavement</li><li>• Facilitating Legacy Work and Meaning-Making Activities</li></ul>	Interactive Lectures
7.	1hour	<p><b><u>PALLIATIVE CARE IN SPECIAL POPULATIONS</u></b></p> <ul style="list-style-type: none"><li>• Pediatric Palliative Care: Unique Considerations and Approaches</li><li>• Palliative Care in Older Adults: Managing Comorbidities and Polypharmacy</li><li>• Cultural Competence in Palliative Care: Tailoring Approaches to Diverse Populations</li></ul>	Group Discussions



Principal

**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<ul style="list-style-type: none"> <li>Palliative Care for Non-Cancer Diagnoses (e.g., Heart Failure, COPD, Dementia)</li> </ul>	
8.	2hour	<p><b><u>INTERDISCIPLINARY TEAMWORK IN PALLIATIVE CARE</u></b></p> <ul style="list-style-type: none"> <li>The Role of the Interdisciplinary Team: Nurses, Physicians, Social Workers, Chaplains, and Others</li> <li>Enhancing Collaboration and Communication within the Team</li> <li>Case Management and Coordinated Care Planning</li> <li>Conflict Resolution and Team Dynamics in Palliative Care</li> </ul>	Peer Learning
9.	2hours	<p><b><u>SELF-CARE AND RESILIENCE FOR PALLIATIVE CARE NURSES</u></b></p> <ul style="list-style-type: none"> <li>Recognizing and Managing Compassion Fatigue and Burnout</li> <li>Building Resilience and Emotional Intelligence in Palliative Care Practice</li> <li>Strategies for Self-Care: Mindfulness, Reflection, and Peer Support</li> <li>Creating a Healthy Work-Life Balance</li> </ul>	Simulation Labs
10.	2hours	<p><b><u>CAPSTONE PROJECT AND COURSE EVALUATION</u></b></p> <ul style="list-style-type: none"> <li>Practical Application: Case Studies and Simulation Exercises</li> <li>Reflective Practice and Peer Feedback</li> <li>Development of a Care Plan for a Palliative Care Patient</li> <li>Course Evaluation and Certificate of Completion</li> </ul>	Interactive Lectures



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## COURSE CONTENT: PATIENT SAFETY IN NURSING

S.NO	DURATION (in Hours) 16 Hours	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 hour	<b><u>INTRODUCTION TO PATIENT SAFETY IN NURSING</u></b> <ul style="list-style-type: none"><li>• Definition and Importance of Patient Safety</li><li>• Historical Perspective and Evolution of Safety in Healthcare</li><li>• Role of Nurses in Patient Safety</li></ul>	Interactive Lectures and Workshops
2.	1hour	<b><u>MEDICATION SAFETY AND ERROR PREVENTION</u></b> <ul style="list-style-type: none"><li>• Common Types of Medication Errors</li><li>• Safe Medication Administration Practices</li><li>• Technology in Medication Safety (e.g., Barcode Scanning, Electronic Health Records)</li></ul>	Group Discussions and Role-Playing
3.	1hour	<b><u>INFECTION PREVENTION AND CONTROL</u></b> <ul style="list-style-type: none"><li>• Hand Hygiene and Standard Precautions</li><li>• Strategies to Prevent Healthcare-Associated Infections (HAIs)</li></ul>	Group Discussions





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<ul style="list-style-type: none"><li>• Role of Infection Control Committees and Audits</li></ul>	
4.	1 hour	<b><u>COMMUNICATION AND TEAMWORK IN PATIENT SAFETY</u></b> <ul style="list-style-type: none"><li>• SBAR (Situation-Background-Assessment-Recommendation) Communication Model</li><li>• Handoff Protocols and Effective Team Collaboration</li><li>• Dealing with Communication Breakdowns</li></ul>	
5.	1hour	<b><u>FALL AND INJURY PREVENTION</u></b> <ul style="list-style-type: none"><li>• Assessing Fall Risks and Implementing Prevention Strategies</li><li>• Designing a Safe Patient Environment</li><li>• Patient and Family Education on Fall Risks</li></ul>	Simulation Labs
6.	2 hours	<b><u>SAFE PATIENT HANDLING AND MOBILITY</u></b> <ul style="list-style-type: none"><li>• Techniques and Equipment for Safe Lifting and Transferring</li><li>• Preventing Musculoskeletal Injuries in Healthcare Workers</li></ul>	Simulation Labs
7.	1 hour	<b><u>ERROR REPORTING, ANALYSIS, AND LEARNING</u></b> <ul style="list-style-type: none"><li>• Understanding Root Cause Analysis (RCA)</li></ul>	Group Discussions





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<ul style="list-style-type: none"><li>• Creating a Non-Punitive Reporting Culture</li><li>• Learning from Near Misses and Errors</li></ul>	
8.	1hour	<b><u>ETHICAL AND LEGAL CONSIDERATIONS IN PATIENT SAFETY</u></b> <ul style="list-style-type: none"><li>• Patient Rights and Advocacy</li><li>• Legal Implications of Safety Errors</li><li>• Ethical Decision-Making in Safety Practices</li></ul>	Group Discussions
9.	1 hour1	<b><u>DEVELOPING A CULTURE OF SAFETY</u></b> <ul style="list-style-type: none"><li>• Leadership's Role in Safety Culture</li><li>• Engaging Healthcare Teams in Safety Initiatives</li><li>• Continuous Quality Improvement (CQI) in Safety</li></ul>	Role-Playing
10.	1 hour	<b><u>CAPSTONE PROJECT AND EVALUATION</u></b> <ul style="list-style-type: none"><li>○ Practical Application of Safety Principles in Clinical Scenarios</li><li>○ Simulation-Based Learning (if resources allow)</li><li>○ Course Evaluation and Feedback</li></ul>	Role-Playing





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snnc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

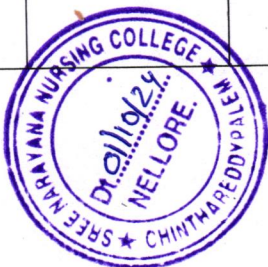
A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

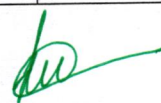
Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



## VALUE ADDED COURSE EMAIL ETIQUETTE TRAINING COURSE CONTENT

S.NO.	DURATION (in Hours) 16 Hours	CONTENT	TEACHING & LEARNING ACTIVITIES
1.	1 Hour	<b><u>INTRODUCTION TO EMAIL ETIQUETTE</u></b> <ul style="list-style-type: none"><li>o Importance of professional communication in nursing.</li><li>o Overview of the course objectives and outcomes.</li></ul>	Lecture cum discussion
2.	1 Hour	<b><u>COMPONENTS OF A PROFESSIONAL EMAIL</u></b> <ul style="list-style-type: none"><li>o Subject line: How to write clear and concise subject lines.</li><li>o Salutations and Sign-offs: Appropriate greetings and closings in healthcare.</li><li>o Structure and formatting: Organizing content for readability.</li></ul>	Lecture cum discussion
3.	1 Hour	<b><u>WRITING EFFECTIVE EMAILS</u></b> <ul style="list-style-type: none"><li>o Clarity and conciseness: Avoiding jargon and keeping messages clear.</li><li>o Tone and language: Maintaining</li></ul>	Lecture cum discussion



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		<p>a professional yet empathetic tone.</p> <ul style="list-style-type: none"><li>○ Proofreading: Checking for grammar, punctuation, and spelling errors.</li></ul>	
4.	1 Hour	<p><b><u>CONFIDENTIALITY AND PRIVACY IN EMAIL COMMUNICATION</u></b></p> <ul style="list-style-type: none"><li>○ Avoiding sharing sensitive patient information via email.</li><li>○ Use of secure email platforms when communicating about patient care.</li></ul>	Lecture cum discussion
5.	2 Hours	<p><b><u>HANDLING DIFFICULT CONVERSATIONS VIA EMAIL</u></b></p> <ul style="list-style-type: none"><li>○ Addressing conflicts or concerns professionally.</li><li>○ Tips for de-escalating tense situations through written communication.</li></ul>	Lecture cum discussion
6.	2 Hours	<p><b><u>RESPONSE TIME AND MANAGING EXPECTATIONS</u></b></p> <ul style="list-style-type: none"><li>○ Setting realistic response times and managing your inbox.</li><li>○ Using auto-responders and out-of-office replies effectively.</li></ul>	Lecture cum discussion
7.	2 Hours	<p><b><u>ATTACHMENTS AND HYPERLINKS</u></b></p> <ul style="list-style-type: none"><li>○ Proper use of attachments: File</li></ul>	



Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,

NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006


A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



		size, types, and labeling. <ul style="list-style-type: none"><li>○ Including hyperlinks safely and appropriately.</li></ul>	
8.	2 Hours	<b><u>AVOIDING COMMON MISTAKES</u></b> <ul style="list-style-type: none"><li>○ Misuse of Reply All, CC, and BCC.</li><li>○ Avoiding emotional or rushed responses.</li><li>○ Managing spam and phishing threats.</li></ul>	Lecture cum discussion
9.	2 Hours	<b><u>PRACTICAL EXERCISES AND CASE STUDIES</u></b> <ul style="list-style-type: none"><li>○ Role-playing email scenarios common in nursing.</li><li>○ Group discussions on best practices and experiences.</li></ul>	Demonstration
10.	2 Hours	<b><u>ASSESSMENT AND CERTIFICATION</u></b> <ul style="list-style-type: none"><li>○ Final assessment to evaluate understanding.</li><li>○ Certification of completion for successful participants</li></ul>	Objective Type Questions



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002